

A Message from the Secretary

This annual report for the Kansas Department on Aging reflects the many programs and services that KDOA staff administered or facilitated through grants and through working in concert with the 11 Area Agencies on Aging and other organizations to carry out its important and expanding mission in Fiscal Year 2003.

While the report focuses on FY 2003 outcomes, I also take this opportunity to note an important KDOA FY 2004 change. Previously, KDOA operated with five Commissions. Today, all KDOA functions have been consolidated into three: Administrative Services, which handles budgeting and finance operations; Program and Policy, which sets nursing facility rates and directs the assessment, referral and evaluation programs used to determine placement for elder Kansans as well as handling policy development and offering technical assistance to service providers; and Licensure, Certification and Evaluation, which became a part of KDOA on July 1, 2003.

From ensuring quality care through its licensing, certification and evaluations of care facilities to a variety of programs that help consumers stay in their homes longer, including nutrition needs and helping Kansans cope with insurance, housing, transportation, medical and prescription costs, KDOA is leading the way. All of that is made possible with a mix of federal and state dollars as well as grants and other resources.

We are committed to serving the state's growing senior population, their caregivers and families as well as others living in Kansas adult care homes. While the list of aging concerns goes on, the basic concept remains: With a diverse array of programs, services and committed individuals and organizations we will continue to make a difference in our consumers' quality of life.



Pamela Johnson-Betts
Secretary of Aging

Kansas Department on Aging

2003 Annual Report

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Annual Report of the State Advisory Council on Aging

The 15-member Advisory Council on Aging is a statutorily created body (K.S.A. 75-5914), representing different geographical, social and ethnic groups, with at least half of membership being 60 years of age or older. The Council meets at least twice a year to provide advocacy for the aging in the affairs of the Kansas Department on Aging (KDOA), the Governor's Office, and other public and private, state and local agencies affecting aging issues. It also serves as the advisory committee as required by the federal Older Americans Act and has the duty to review and comment upon various activities of KDOA. Members are:

Dr. Merle R. Bolton, Chairperson

14526 West 126th St.
Olathe, KS 66062

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PO Box 697
Goddard, KS 67052

Rep. Bob Bethell

PO Box 186
Alden, KS 67512

Sen. Paul Feleciano*

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Wichita, KS 67212

John Lehman

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Sabetha, KS 66534

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Topeka, KS 66614

Amelia C. Jones

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310 Willow Road
Hillsboro, KS 67063-1906

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Paola, KS 66757

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Wichita, KS 67218

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1717 S. Cypress, Apt. 101
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Neodesha, KS 66757

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202 S. 4th
Osborne, KS 67473

Trish Moore

9803 W. 121st
Overland Park, KS 66213

In 2003, the State Advisory Council (SAC) met in February, May and December. The Advisory Council also met prior to the Governor's Conference on Aging in Topeka on May 7-8. Several members attended the conference. They discussed other aging and policy issues, and approved the State Long-Term Care Ombudsman annual report as well as reviewing their programs and policies, as required by statute.

***Term expired.**

KDOA outcomes in FY 2003

Many of the Kansas Department on Aging's services and programs are detailed throughout this report, but the agency has many significant initiatives and accomplishments to report beyond those stark numbers. Here are some of the special accomplishments the agency achieved in Fiscal Year 2003.

- **Lifelong Community Initiative** moved forward, with Oberlin and Cottonwood Falls/Chase County bringing the number of communities in the demonstration phase of the initiative to 11. Atchison, Concordia, Dodge City, Garden City, Great Bend/Barton County, Hiawatha, Topeka/Shawnee County and Winfield were selected in 2002. KDOA is now considering adding the Elder Friendly Business Certification to the initiative.
- The 2003 **Governor's Conference on Aging Services** was held in Topeka in May with the theme "Celebrating Healthy Choices for a Lifetime." The two-day conference attracted more than 600 participants from across the state, including professionals as well as seniors.
- KDOA continues to work in collaboration with other agencies and organizations with a Medicaid contract on **Mental Health and Aging**. An informative calendar was produced with the assistance of the Galichia Center on Aging at Kansas State University and the Kansas Mental Health and Aging Coalition. Demand for the calendars far exceeded the original 15,700 printing.
- Administration of the **Senior Health Insurance Counseling for Kansas (SHICK)** program moved back to KDOA from the state Insurance Department. The grant that funds the program has always come through KDOA. Also, the program was more easily accessible for seniors with the addition of call centers in Wichita and Lawrence, which are staffed 60 percent of the time by volunteers. (See more information on SHICK on page 15.)
- The **Program for All-Inclusive Care for the Elderly (PACE)** had a successful first year with the Via Christi HOPE site exceeding projections by having a total of 97 participants.
- FY 2003 ended with **no pending claims** in the Nursing Facility and Frail Elderly funding.
- KDOA worked with several state agencies and other organizations to implement a **Senior Farmers Market Nutrition Program** that benefited low-income seniors as well as local producers. The program was funded by a \$182,000 grant from the U.S. Department of Agriculture. (More information on the program is on page 22.)
- **The Kansas Nursing Facility Evaluation Project** got under way. This three-year project to take a look at the process of nursing facility surveys and evaluations is being conducted by The University of Kansas School of Nursing.
- The **Relatives as Parents Program**, funded through a Brookdale Foundation grant, began developing relative/grandparent caregiver support groups through a contract with Kansas Children's Service League. So far groups have been formed in Newton and Topeka, with three more being developed. In addition, a statewide network is being formed, along with website materials and a resource guide. A task force involving 35 state agencies and statewide organizations meets quarterly.

- **Training for Community Mental Health Center Staffs** is being developed to be offered through a series of workshop presentations and facilitated roundtable discussions at Community Mental Health Center sites at Hays, Newton and Johnson County.
- **KDOA staff** answered about 16,500 calls on the main telephone numbers for the agency. The average number of calls from constituents was about 500 per month. In addition, more than 120,000 informational brochures were mailed. More than 882,500 hits on the agency's website were recorded during the calendar year.
- **Kansas Outstanding Older Kansans Employment Program** honored workers and employers at the Governor's Conference on Aging Services.
- A **brochure** developed to introduce the advantages of hiring workers 55 and older was unveiled at the 2003 Governor's Conference on Aging Services.
- Ten exemplary nursing homes made up the second class of honorees for **Promoting Excellent Alternatives in Kansas (PEAK) Nursing Homes**. (See page 14 for details.)
- The Administration on Aging **Alzheimer's Disease Demonstration Grant** to KDOA began its second year to increase the overall service capacity to individuals with dementia and their families, especially addressing the quality of life for rural, ethnic and low-income Kansans affected by Alzheimer's disease and other dementias. Over a three year period, KDOA, through contracts with the Alzheimer's Association chapter offices in Wichita and Kansas City, will serve many more Kansas seniors with Alzheimer's disease.
- Through the Alzheimer's Demonstration Grant, the **Great Plains Alzheimer's Chapter** in Wichita has awarded caregivers' respite scholarships, hired an outreach coordinator, worked with key partners in Hays and Colby, opened an Arts and Inspiration Center in Garden City, completed three Caregiver Conferences, held trainings for volunteers, and developed evaluation tools to determine effectiveness of outreach efforts.
- The **"Money Follows the Person"** project was successfully implemented in response to a legislative proviso that allows funding to follow 75 people living in nursing homes to a Home and Community-Based Services (HCBS) waiver program for either the frail elderly or disabled.
- A **revised nursing home reimbursement methodology** was implemented in June 2003. Input was received from the Nursing Facility Reimbursement Advisory Committee. One of the more significant changes was to make the case mix component of the rate (direct health care costs) more sensitive to the change in the acuity level of Medicaid residents through quarterly rate adjustments. (For additional details, see page 10.)
- KDOA was awarded a project grant totaling \$28,624 from the Sunflower Foundation to replicate the American Red Cross Kansas Capital Area Chapter **"Care for the Caregiver"** program in the Burlington and Holton communities. The program was designed to intervene earlier in the cycle of family caregiving, provide a respite service and recruit and train volunteer companions. Sub-grantees were the American Red Cross Kansas Capital Area Chapter and later Midland Adult Day Programs. Total grant funds expended were \$18,635.

- Kansas elders who may not have had the means or knowledge to join the digital age have an opportunity to do so now thanks to the **KDOA computer give-away** project. This project began as a cooperative effort between the Kansas Department of Transportation and KDOA. The two agencies worked together to refurbish and distribute 83 surplus computers to 43 non-profit senior centers. They are being used for computer classes, Internet access, keeping office records and many more activities. Through the press coverage of this project, the Kansas Corporation Commission became part of the project and donated 59 surplus computers. Those computers were given away in the spring of 2003.

Silver Haired Legislature

Silver Haired Legislature

The Kansas Silver Haired Legislature (SHL) is a unicameral legislature composed of 125 representatives. All are over 60 and are elected from their county of residence. Wyandotte, Johnson, Shawnee and Sedgwick counties have five additional delegates.

The purpose of the Silver Haired Legislature is to educate, inform the public and legislators on senior concerns, get seniors involved and advocate for its legislation. SHL bills introduced in 2003 were:

- Kansas House Bill 2301 to fund HCBS/FE services on a caseload basis.
- Kansas House Bill 2302 to use a percentage of tobacco litigation settlement for health care for seniors.
- Kansas House Bill 2303 to provide for regional long-term care ombudsmen in the state, and friendly advocates in all Kansas nursing homes.

The leadership for the 2003 Kansas Silver Haired Legislature:

- **Irv Hoffmann**, President
- **C. Kay Hutchinson**, Vice-President
- **Marge Zakoura-Vaughan**, Speaker
- **Dr. Sharon Treaster**, Speaker Pro-Tem
- **Gary Swarzendruber**, Floor Leader
- **Jim Snyder**, Secretary
- **Dr. John Ward**, Treasurer
- **Wayne Comer**, Chairman Emeritus

Area Agencies on Aging

The Department on Aging administers many of its programs through grants and contracts of state and federal funds to the 11 Area Agencies on Aging (AAAs) and other providers that serve designated geographical areas. For programs not funded by Medicaid, the AAAs may directly provide services or award sub-grants and contracts to other community organizations to provide services. In FY 2003, the AAAs provided services through the following programs:

- Older Americans Act (OAA);
- Congregate Meals;
- Home Delivered Meals;
- In-Home Services for the Frail Elderly;
- Disease Prevention and Health Promotion;
- Elder Abuse Prevention;
- Home and Community-Based Services for Frail Elderly (HCBS/FE);
- Targeted Case Management (TCM);
- State-funded Case Management;
- Senior Care Act (SCA);
- Client Assessment, Referral, and Evaluation (CARE) program; and
- Family Caregiver Support Program.

Each AAA serves a Planning and Service Area (PSA), required under the Older Americans Act, and has a director, staff members, and a local advisory board. Employees of the AAA are not state employees but are employed by each AAA's governing body, which can be a governmental entity or nonprofit organization.

PSA 01

Wyandotte/Leavenworth AAA

9400 State Ave. Ste #111
Kansas City, KS 66112
(913) 328-4531
(888) 661-1444

PSA 05

Southeast KS AAA

1 West Ash PO Box J
Chanute, KS 66720
(620) 431-2980
(800) 794-2440

PSA 09

Northeast KS AAA

526 Oregon
Hiawatha, KS 66434
(785) 742-7152
(800) 883-2549

PSA 02

Central Plains AAA

510 North Main, Room 502
Wichita, KS 67203
(316) 383-7298
(800) 367-7298

PSA 06

Southwest KS AAA

PO Box 1636
Dodge City, KS 67801
(620) 225-8230
(800) 742-9531

PSA 10

South Central KS AAA

304 S. Summit PO Box 1122
Arkansas City, KS 67005
(620) 442-0268
(800) 362-0264

Area Agencies on Aging

PSA 03

Northwest KS AAA

PO Box 610, 301 West 13th
Hays, KS 67601
(785) 628-8204
(800) 432-7422

PSA 07

East Central KS AAA

132 South Main
Ottawa, KS 66067
(785) 242-7200
(800) 633-5621

PSA 11

Johnson Co. AAA

11875 S. Sunset, Ste.200
Olathe, KS 66061
(913) 894-8811
(888) 214-4404

PSA 04

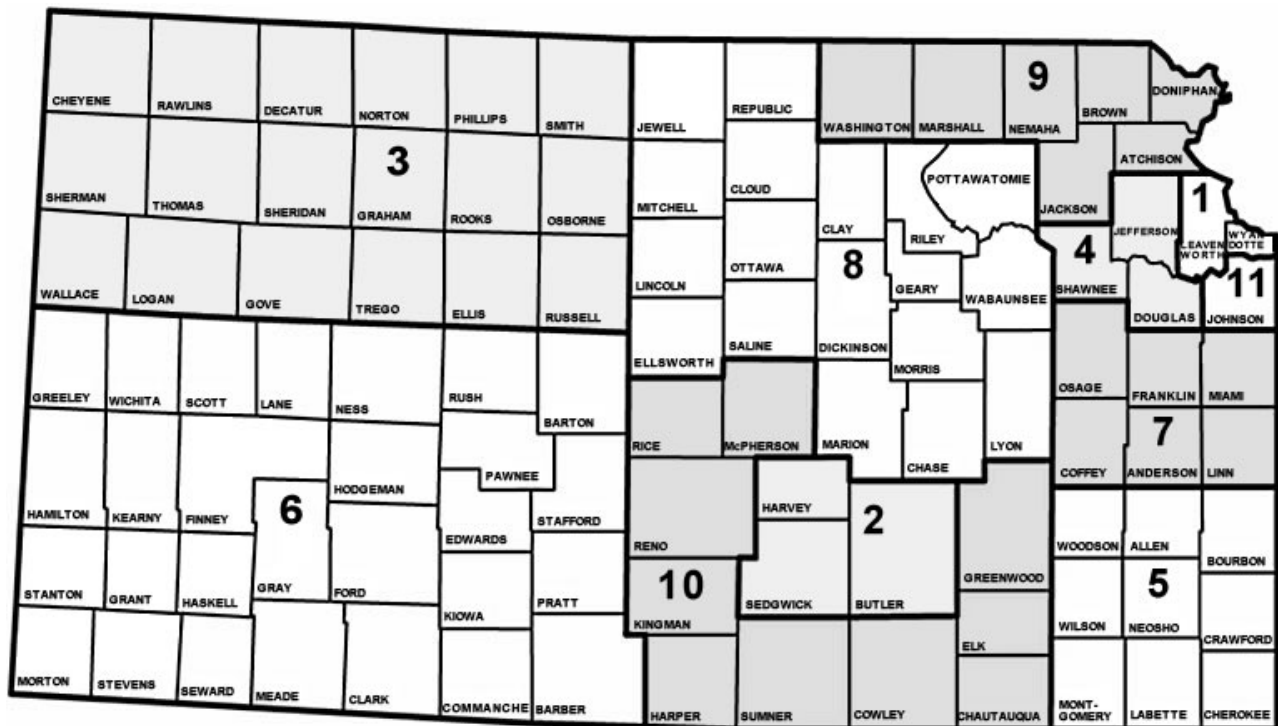
Jayhawk AAA

1720 SW Topeka Blvd.
Topeka, KS 66612
(785) 235-1367
(800) 798-1366

PSA 08

North Central/Flint Hills AAA

401 Houston
Manhattan, KS 66502
(785) 776-9294
(800) 432-2703



Kansas Association of Area Agencies on Aging (K4A)

The AAAs have a statewide organization, the Kansas Association of Area Agencies on Aging (K4A). This organization provides a structure that encourages AAA directors to discuss common issues and to propose actions. The Secretary of Aging and invited KDOA staff meet with the AAA directors during their monthly meetings to hear their concerns and to address issues of mutual importance. That attendance, as well as day-to-day interactions with AAA staff, contributes to the partnership between KDOA and the AAAs.

Programs funded by Medicaid

Nursing Facilities SFY 2003

Nursing facilities are regulated under Adult Care Home statutes (K.S.A. 39-923), and the Kansas Department on Aging (KDOA) administers the Medicaid nursing facility services payment program on behalf of the Kansas Department of Social and Rehabilitation Services (SRS) pursuant to K.S.A. 75-5321a, K.S.A. 75-5945 et seq., and K.S.A. 39-968.

Customer Acuity Levels as of July 1, 2003

	RESIDENT CASE MIX		
CATEGORY	EXAMPLES OF PATIENT CHARACTERISTICS	TOTAL RESIDENTS	MEDICAID ONLY
Rehabilitation	Rehabilitation therapy received	7.1%	4.1%
Extensive Services	In past 14 days, received intravenous medication, tracheotomy care, required ventilator/respirator, or in past 7 days received intravenous feeding	2.6%	1.9%
Special Care	Multiple sclerosis, cerebral palsy, quadriplegia, or respiratory therapy	8.3%	8.8%
Clinically Complex	Comatose, have burns, septicemia, pneumonia, internal bleeding, dehydration, dialysis, or receive chemotherapy	18.0%	18.9%
Cognitive Impairment	Alzheimer's disease or other types of dementia	17.3%	17.5%
Behavior Problems	Resists care, combative, physically and/or verbally abusive, wandering, or delusional	1.3%	1.7%
Physical Function	Restricted physical functions	45.4%	47.1%

Customer Demographics as of July 1, 2003

Age of Residents	07/01/03	Percent
< 25 years old	8	0.0%
25 – 54 years old	477	2.4%
55 – 64 years old	790	4.1%
65 – 74 years old	1,840	9.5%
75 – 84 years old	5,972	30.8%
85 years old and older	10,329	53.2%

Nursing Facility Statistics as of June 30, 2003: As of June 30, 2003, there were 346 Medicaid certified nursing facilities in Kansas, with a total bed capacity of 23,181. Total cost of Medicaid nursing home care for the elderly in Kansas in SFY 2003 was \$306,121,773. This includes approximately \$184 million in federal funds and \$122 million in state funds. The average number of Medicaid residents per month as of June 30, 2003, was 10,774, with an average monthly cost of \$2,368 per resident.

Nursing Facility Medicaid Reimbursement Advisory Committee

The Nursing Facility Reimbursement Advisory Committee consists of representatives from Kansas Advocates for Better Care, Kansas Adult Care Executives, Kansas Association of Homes and Services for the Aging, Kansas Health Care Association, Kansas Hospital Association, and the Kansas departments of Health and Environment, Social and Rehabilitation Services and on Aging.

Several of the recommendations of the advisory committee were implemented for SFY 2004, including reorganizing the cost centers, removing the 85% occupancy rule from direct health care costs, and changing to version 5.12 of the Resource Utilization Group classification system. A Medicaid specific acuity adjustment was also added for the direct health care cost center, and the real and personal property fee that is paid in lieu of ownership costs was split from plant operating costs and inflated.

The 2002 Legislature directed the agency to look at cost containment alternatives and present a report to the Senate Ways and Means Committee and the House Appropriations Committee during the 2003 regular session. The Advisory Committee was asked to participate in a meeting and share ideas on cost containment, which were included in the report to the Legislature. That report included alternatives such as a base year reimbursement system, an incentive model similar to the Iowa Accountability Measures program, increased marketing of long-term care insurance, and increased use of informal caregivers.

Nursing Facilities Audits

PURPOSE: Medicaid rates for Kansas nursing facilities and nursing facilities serving mental health clients are determined using a prospective, facility-specific rate-setting system based on the costs from the latest cost report submitted by the provider. All cost reports and supporting documents are desk reviewed by audit staff. A desk review includes a line item review of the reported costs compared to the prior year costs. Annually, the auditors perform desk reviews on all facility cost reports, plus they do field audits, in which they visit the facility, on about 20% of the cost reports.

SAVINGS: The adjustments from the desk reviews of the FY 2003 cost reports resulted in reducing reported costs by more than \$6.9 million.

Quality Review

SFY-2003

Kansas Department on Aging conducts the quality assurance reviews of all KDOA-funded services, including the Home and Community-Based Services program for the Frail Elderly (HCBS/FE), State General Funds (SGF) and programs funded by the Older Americans Act (OAA). KDOA has the responsibility of reviewing and analyzing these programs.

These quality assurance activities are provided to ensure compliance with federal and state regulations, improve customer access and, in general, make the programs more cost-effective.

Programs funded by Medicaid

Case File Reviews: 2,280 customers' case files were reviewed. Statewide, the Area Agencies on Aging achieved over 93% compliance with KDOA policies for the second year in a row.

Customer Interviews: KDOA staff interviewed 1,288 HCBS/FE customers, 396 SGF customers, and 596 OAA customers. Area Agency on Aging (AAA) staff were provided feedback regarding how the customers perceived service delivery.

Functional Reviews: Functional reviews determine if HCBS/FE customers are eligible for services. Staff conducted 1,664 of these reviews and found 99% of customers eligible for services. This verified that the AAAs are accurately completing functional eligibility determinations.

Plan of Care Reviews: 28,275 HCBS/FE customer plans of care were reviewed for cost effectiveness and for compliance with KDOA policies, Medicaid policies and BCBS procedures.

Provider Review: Provider reviews determine if reimbursement of Medicaid services is in accordance with federal laws, regulations and the waiver. If claims are determined to be in error, service providers are notified and given the opportunity to provide additional information in proof of the claim. The Medicaid fiscal agent is notified to recoup funds as needed.

Quarterly Reports: KDOA staff prepares summaries of findings and recommendations after each quarterly round of reviews and distributes those to the AAAs. Continuous feedback equips AAAs with the knowledge to correct any deficiencies before the annual report is compiled.

Level of Care Reviews: KDOA staff calculates and reports customers' level of care scores to SRS' economic and assistance specialists who determine a customer's eligibility for nursing facility Medicaid payments. In FY 2003, there were 4,257 customers in nursing facilities for which a level of care score was reported.

Home and Community-Based Services for the Frail Elderly SFY 2003

Purpose: Provides Medicaid eligible customers with the opportunity to receive cost-effective community based services as an alternative to nursing facility care, to promote independence in programs funded by Medicaid in the community setting and to ensure residency in the most integrated setting. The Kansas Department of Social and Rehabilitation Services, the designated single state Medicaid agency, determines Medicaid financial eligibility. Targeted Case Managers (TCM), who are employed or contracted by Area Agencies on Aging (AAA), determine customers' functional eligibility and then develop an individualized plan of care for services.

Numbers: During SFY 2003, a total of \$53,640,277 was expended for services to 6,678 seniors. The services included adult day care, sleep cycle support, installation and rental of personal emergency response equipment, wellness monitoring, respite care, attendant care services level I and II, assistive technology and nursing evaluation visit.

Programs funded by Medicaid

Demographics: 79% of customers are women with an average age of 80.7, men are 21% of HCBS customers with an average age of 77.8, and minorities account for 18% of the total HCBS customer population.

Customers with paid services in each Area Agency on Aging

PSA	Area Agency	Customers
1	Wyandotte/Leavenworth	506
2	Central Plains	1,064
3	Northwest Kansas	226
4	Jayhawk	572
5	Southeast Kansas	1,265
6	Southwest Kansas	556
7	East Central Kansas	380
8	North Central/Flint Hills	627
9	Northeast Kansas	330
10	South Central Kansas	761
11	Johnson County	438
Statewide	Unduplicated Customers	6,678

Service Providers: Through SFY 2003, the average monthly number of HCBS/FE providers has remained stable at approximately 334 unduplicated active providers per month. This number does not reflect all of the providers enrolled to provide services or any providers who delivered but did not bill for services during the time period being reported.

Targeted Case Management

Purpose: Targeted Case Management (TCM) provides long-term case management to Medicaid eligible frail elders who are seeking assistance to remain in their homes or community. TCM services include developing and updating plans of care, resource development, assisting the customer in acquiring needed services, service coordination and implementation, monitoring and quality assurance, and ensuring that public and private resources are being used efficiently. The service is funded under section 1915 (g) of the Social Security Act, as a regular Medicaid expense versus an expense to the HCBS/FE waiver.

Numbers: In SFY 2003 a total of \$4,615,732 was expended to provide services to 6,693 customers. Targeted Case Management is provided by employees of, or individuals contracted with, the Area Agencies on Aging. One unit of service is equal to 15 minutes.

Programs funded by Medicaid

Targeted Case Management

PSA	Area Agency	Units of Service	Customers*
1	Wyandotte/Leavenworth	35,207.0	527
2	Central Plains	57,148.0	1,052
3	Northwest Kansas	23,004.0	222
4	Jayhawk	33,818.0	604
5	Southeast Kansas	57,873.5	1,252
6	Southwest Kansas	35,664.5	551
7	East Central Kansas	18,530.5	376
8	North Central/Flint Hills	25,068.0	628
9	Northeast Kansas	27,766.4	337
10	South Central Kansas	50,462.6	766
11	Johnson County	23,033.2	431
Statewide	Unduplicated	387,575.7	6,693

*When a customer moves from one PSA to another, that customer is counted in each PSA that served him or her.

Assessment as an Administrative Function

Assessment, Reassessment and Plan of Care development services were added to the Medicaid State Plan in 2001 to allow customers to receive services in a more timely manner.

Medicaid Administration

PSA	Area Agency	Units of Service	Customers*
1	Wyandotte/Leavenworth	6,491.0	465
2	Central Plains	11,910.5	1,011
3	Northwest Kansas	3,843.0	239
4	Jayhawk	7,522.0	635
5	Southeast Kansas	14,125.0	1,213
6	Southwest Kansas	6,804.0	591
7	East Central Kansas	4,879.5	377
8	North Central/Flint Hills	6,894.5	598
9	Northeast Kansas	4,533.5	351
10	South Central Kansas	8,384.5	684
11	Johnson County	4,498.0	457
Statewide	Unduplicated	79,885.5	6,607

*When a customer moves from one PSA to another, that customer is counted in each PSA that served him or her.

Client Assessment, Referral and Evaluation Program (CARE)

Purpose: Provides pre-admission assessment service for nursing facility placement. Established by the Kansas Legislature in 1994, it meets federal Centers for Medicare and Medicaid Services (CMS) requirements for Pre-admission Screening and Resident Review (PASRR). It also explores community-based services as an alternative to entering nursing facilities.

Assessments and Cost: There were 13,160 Level I assessments conducted during SFY 2003. The average contracted cost for a Level I assessment was \$73.56 and total assessment costs were \$968,050. There were 467 Level II assessments for mentally ill or mentally retarded persons seeking admission to a nursing facility. The average contracted cost for a Level II assessment was \$286.55 and total assessment costs were \$133,820.

Diversions to Community-Based Services: The CARE program defines diversion from a nursing facility as those persons who were assessed for potential nursing facility placement but who continued to reside in community settings with services or were living in board-and-care facilities when the 30-day follow-up contact was made. During SFY 2003, there were 1,903 persons still living in the community, with services, at the time of the follow-up contact (14.5% of those assessed).

Program Savings: The average monthly Medicaid nursing facility cost during SFY 2003 was \$2,368. Of this amount, approximately 60 percent is federal funds and 40 percent is state funds. Although additional costs are incurred for Home and Community-Based Services, the overall savings from nursing facility diversions have been significant.

Promoting Excellent Alternatives in Kansas Nursing Homes (PEAK)

Purpose: To promote quality care and encourage nursing homes in the state to pursue “culture change” through nontraditional models of care with progressive, home-like environments and to recognize those homes that have already made significant changes. This is done through an annual awards program for homes that have made significant changes and through an education program being conducted by Kansas State University.

Awards: Homes are recognized for having made significant changes in the four domains generally recognized in the “social model” of care: resident choice, staff empowerment, home-like environment and community involvement. Three homes were recognized for change in all four domains: Lyons Good Samaritan Center, Lyons; Schowalter Villa, Hesston; and Windsor Place, Coffeyville. Seven others also were recognized: Kansas Veterans Home, Winfield; Lakeview Village Health Center, Lenexa; Pleasant View Home Inc., Inman; Rossville Valley Manor, Rossville; Sandstone Heights Nursing Home, Little River; Valley View Professional Care Center, Junction City; Wichita County Health Center, Leoti.

Programs funded by Medicaid

Senior Health Insurance Counseling for Kansas (SHICK)

Purpose: More than 300 volunteers around the state help older Kansans understand their Medicare benefits and their options regarding supplemental insurance and long-term care financing. SHICK counselors also help eligible consumers access the assistance programs offered by pharmaceutical companies to reduce medication costs. Services are available to all Kansas Medicare beneficiaries and are provided at no cost to the customer.

Numbers: 13,703 Kansas seniors using the program saved almost \$4 million in 2003.

Funding: SHICK is funded by a grant from the Centers for Medicaid and Medicare Services (CMS) in Washington, D.C. The program, which was previously administered by the Kansas Insurance Department through an inter-agency agreement, is now administered directly by the Kansas Department on Aging and continues to be managed at the local level by 16 regional sponsoring organizations.

Programs funded by State General Funds

Senior Care Act SFY 2003

Purpose: Development of a coordinated system of services for people 60 years of age and older who face difficulties in self-care and independent living to prevent inappropriate or premature institutionalization of persons who have not yet exhausted their financial resources. In FY 2003, KDOA combined the following state-funded programs: Income Eligible, Senior Care Act, State Funded Case Management, Custom Care and Environmental Modification.

Expenditures: SGF resources expended by the 11 AAAs totaled \$6,774,547. By including local match contribution and program income, the total expenditures were \$8,417,658. The average total expenditure per customer was \$1,332. Match funds come from fees collected from people served and other local funding. Customer fees are based on a sliding fee scale, which considers the customer's income, liquid assets and family size, and customers are asked for a donation or are required to pay up to 100 percent of the cost of services received.

General Profile of Customers: The Area Agencies on Aging reported that 3,465 customers per month received one or more SCA services during SFY 2003. A typical SCA customer is an 81 year-old female who lives alone (68.2%). The largest segment of customers is 80 to 89 years of age (44.1%), 35.5 % are 85 or older, 36.9 % are 65 to 79, and 3.5 % are less than 65.

Services Provided: The AAAs determine which services are needed within their planning and service areas. Homemaker services remained the most used, accounting for 257,679 units of service, attendant care followed with 125,057 units, and case management was next at 86,018 units.

Programs funded by State General Funds

Senior Care Act

Service	Units Provided	Unit of Services
Adult Day Care	200	One Hour
Attendant Care	125,057	One Hour
Bath	7,889	One Dollar
Chore	1,393	One Hour
Case Management	86,096	15 Minutes
Food Supplements	2,880	One Dollar
Homemaker	257,679	One Hour
Incontinence Supplies	12,723	One Dollar
Material Assistance	24,168	One Dollar
Medication Issues	17,577	One Dollar
Mobility Aids	28,361	One Dollar
Personal Emergency Response	3,161	One Month Rental
Personal Emergency Installation	69	One Installation
Respite Care	2,171	One Hour
Repairs,Maintenance,Renovation	34,669	One Dollar
Transportation	1,600	One Dollar

Program of All-Inclusive Care for the Elderly (PACE)

Purpose: Allows the frail elderly to stay in familiar surroundings, maintain their autonomy and a maximum level of physical, social and cognitive function. A PACE organization receives a monthly capitated payment. An interdisciplinary team, consisting of professional and paraprofessional staff, assesses participants' needs, develops care plans and delivers all necessary services. The first PACE organization in Kansas opened Sept. 1, 2002, in Wichita to serve individuals in Sedgwick County. More communities are interested if funds are provided.

Kansas Senior Pharmacy Assistance Program (KsPAP)

Purpose: To provide low-income seniors (age 66 or older with income 150% of poverty level or less and assets totaling no more than \$4,000 for individuals or \$6,000 for couples) help with prescription drugs. KsPAP reimburses 70 percent of an individual's prescription expenditures with an annual cap of \$1,200.

Numbers: A total of 2,021 individuals received payment from the KsPAP in 2003. The average age of the individuals was 77 and the average payment was \$267.24 per round. Approximately 5,000 applications are sent in each round.

Programs funded by State General Funds

Partnership Loan Program (PLP)

Purpose: The loan portion of this fund supports the expansion of services and housing alternatives for senior Kansans. Funds received in payment of principal on these loans will be reinvested as additional loans in the future. Grants may be issued using funds generated from the interest income earned on these loans. A work group has been established at KDOA to determine the most effective use of this funding.

Numbers: Nine applications have been approved out of the 24 received. The projects total about \$7.6 million and include home plus units, assisted living, and senior apartments and duplexes. The PLP is providing \$4,850,220 in financing, or 64% of the total costs of the projects. Partnerships were established with other private, public and local entities for the additional financing needed to complete the projects.

Information and Community Resources

Purpose: The Information and Community Resources Division, formerly known as KDOA's Outreach and Marketing Division, actively pursues efforts that enhance the security, dignity and independence of Kansas elders with new initiatives and ongoing successful programs initiated in years past. These resources help current and future seniors to "age well, and live well." With these initiatives in place, the burden on both federal- and state-funded programs, such as Medicaid, is being delayed and reduced.

Programs funded with Federal Older Americans Act funds

Older Americans Act Title III-B

FFY 2003

Purpose: Title III-B of the Older Americans Act (OAA) provides for Access, Community and In-Home services. In-home services assist seniors to remain in their homes and communities, and include attendant care services, homemaker services, respite care and adult day care.

Spending: The Area Agencies on Aging reported FFY 2003 expenditures were \$1,218,154 including OAA, program income, match, in-kind and mill levy.

Demographics: 76% of the customers were female, and 61% of all customers live alone; 33% of the customers are 85 years of age or older; 41% are from 75-84; 20% from 65 to 74; and 5% less than 65 years of age.

OAA III-B In-Home Services Provided

Service Name	Units of Service	Persons Served	Service Unit
Adult Day Care	2,476	4	1 Hour
Attendant Care	21,347	314	1 Hour
Chore	700	40	1 Hour
Home Health	1,499	66	1 Hour
Homemaker	37,720	670	1 Hour
Respite Care	5,464	116	1 Hour
Visiting	351	97	1 Visit
Telephoning	1,183	120	1 Call

Programs funded with Older Americans Act funds

III-B Access Services

Purpose: To provide older citizens with the means to receive needed services that are available in the community. This involves providing information regarding services (Information and Assistance), identifying persons who may require service (Outreach), determining types and amounts of services needed (Case Management), and providing a means for a person to get to the location where services are provided (Transportation).

Cost: \$1,732,834 (from all sources), with the following units of service provided:

OAA III-B Access Services

Service Name	Units of Service	Persons Served	Service Unit
Information & Assistance	294,764	104,842	1 Contact
Transportation	75,125	7 85	1 One way trip
Outreach	3,645	3,423	1 Contact
Case Management	20,193	1,350	15 Minutes
Assessment	5,075	610	15 Minutes

III-B Community Services

Purpose: Designed for seniors with the ability to travel to the point of service, these services encourage seniors to remain active members of the community. Services are provided either directly by the Area Agency on Aging or under contract or grant by other agencies.

Cost: Total of all expenditures for III-B Community Services were \$1,031,539. The following services were provided:

OAA III-B Community Services Provided

Service Name	Units of Service	Persons Served	Service Unit
Legal Assistance	5,317	3,535	1 Hour
Screening	2,570	223	1 Screening
Program Development	3,013	N/A	1 Hour
Coordination	3,936	1,017	1 Hour
Advocacy/Representation	1,119	20,284	1 Hour
Public Education	N/A	1,572	1 Hour
Counseling	N/A	85	1 Hour
Education Training	9,152	15,145	1 Hour
Newsletter	176,709	137,049	1 Newsletter
Recreation	1,671	700	1 Session
Repairs/Maint/Renovation	83,550	94	1 Dollar
Shopping	2,989	13 7	1 Round Trip
Supervision	3,867	777	1 Hour
Material Assistance	52,736	188	1 Dollar

Older Americans Act Title III-C

Congregate and Home-Delivered Meals

FFY 2003

Purpose: Meals are provided to eligible participants on a contribution basis in a congregate setting (Title III-C(1)), or within a homebound individual's place of residence (Title III-C(2)).

FFY 2003 Expenditures: \$15,211,618 from all sources, and 3,514,658 meals were provided to eligible participants. Characteristics of persons receiving meals are shown in the following table:

Customer Characteristics

Characteristics	Congregate	Home Delivered
Male	35%	30%
Female	65%	70%
Lives Alone	46%	58%
Aged 64 and under	13%	6%
Aged 65 to 74	30%	20%
Aged 75 to 84	40%	41%
Aged 85 or older	17%	33%

Older Americans Act Title III-D

FFY 2003

Purpose: Authorizes Disease Prevention and Health Promotion Services grants to Area Agencies on Aging to be used to support any of the 15 health-related services, such as health risk evaluations, screening, nutrition counseling, health promotion programs, physical fitness and exercise programs, home injury control screening and the screening for the prevention of depression.

Cost: Total expenditures were \$223,871, including \$190,298 of Older Americans Act funds. The following table shows services provided.

OAA Title III-D Services Provided

Service	Units	Customers	Measure
Health Screening	1,633	1,239	1 Screening
Nutrition Counseling	195	195	1 Hour
Counseling Regarding Social Services	769	1,480	1 Session
Nutrition Education	380	2,894	1 Session
Health Promotion	1,115	4,421	1 Session
Physical Fitness	2,058	1,552	1 Session
Home Injury Control Screening	4	4	1 Screening
Home Injury Control Education	7	58	1 Session
Education Programs Preventive Health	15	325	1 Session
Medication Management Screening	143	315	1 Session
Medication Management Education	817	5,464	1 Session
Information Age Related Disorders	1,946	998	1 Contact

**Elder Americans Act Title III-E
Family Caregiver Support Program (FCSP)
FFY 2003**

Purpose: To provide a multifaceted system of support services to family caregivers, grandparents or older individuals who are relative caregivers. The program also provides an opportunity to enhance service systems to respond to the needs of caregivers. KDOA works in partnership with the Area Agencies on Aging to provide services to caregivers.

Numbers: The FCSP served 394,439 customers and provided 122,722 units of service. (Grandparent/Relative Caregiver served 1,660 customers and provided 910 units of service.

FFY Expenditures:

FFY	Total Funds Expended	OAA Funds
2003	1,379,924	1,374,681
2002	999,526	996,939

State Long Term Care Ombudsman

Purpose: Administered by KDOA through an agreement with the Kansas Department of Administration, Office of the State Long Term Care Ombudsman investigates and resolves complaints made by or on behalf of residents of long-term care facilities related to actions, inactions or decisions of facilities or facilities' representatives, other than abuse, neglect and exploitation, which are handled by SRS. The Ombudsman also provides information and educates residents and their families about the rights and responsibilities of residents of long-term care facilities.

Numbers: In FFY 2003, KDOA provided \$276,480 of Older Americans Act funds (i.e., Title III Part B Supportive Services and Senior Centers and Title VII Ombudsman). The Kansas Department of Administration provided matching funds.

Protection Against Elder Abuse, Neglect and Exploitation “PEANE” Grants

FFY 2003

A total of \$48,866 in Special Project Grant Funds was awarded to projects designed to provide either education/training; research for the prevention of elder abuse, neglect and exploitation; or a study of the nature or extent of financial exploitation of elders. Projects selected for FY 2003:

- **Kansas Legal Services** - Eight training sessions held in Atchison, Burlington, Council Grove, Emporia, Eureka, Junction City, Manhattan and Marion regarding legal issues related to elder abuse prevention.
- **Kansas Advocates for Better Care** - Statewide training in 12 adult care facilities. The training focused on providing compassionate care, along with discussions on practical ways to handle stressful situations of caregiving.
- **Mental Health Association of South Central Kansas** - Statewide conference (“The Triad Initiative: A Community Response to Elder Abuse”) on issues facing elder caregivers that can spill over into an abusive or neglectful relationship.
- **Shawnee Regional Prevention & Recovery Services** – Statewide SAGE (Seasoned Adults Gambling Experience: Pastime or Problem?) training, and the dissemination of educational information regarding older adults and problem gaming, abuse, neglect and exploitation.
- **Mainstream** – Statewide training for service workers and other professionals who investigate, assist and respond to problems associated with elder abuse, neglect and exploitation.
- **Aging Research Institute** – Coordinate specialized teams (from six regions in Kansas) in long-term care facilities to provide train-the-trainer programs and establish facility Abuse Neglect and Exploitation Resource Teams.
- **High Plains Mental Health Center** – Educational and training program on “Loss, Grief and Aging: Understanding the Grieving Process.”
- **Johnson County Area Agency on Aging** – Develop training modules to present to targeted groups, employees of financial institutions and law enforcement agencies to identify situations of abuse, neglect and exploitation.
- **Consumer Protection Division/Attorney General’s Office** – Educational presentations in Hays and Colby on common consumer scams targeting the elderly and persons with disabilities.

Older Workers Programs – Advocacy & Oversight

Purpose: Provide counseling and job-seeking skills training for unemployed Kansans age 55 and older. The programs are funded and administered by the Kansas Department of Human Resources, in cooperation with KDOA. The programs:

- **Older Kansans Employment Programs (OKEP)** in Chanute, Topeka, Dodge City, Manhattan and Wichita gave counseling and job seeking skills training to 1,690 Kansans age 55 or over and placed 1,103 into full-time or part-time jobs at an average hourly wage of \$7.66. Of the participants, 507 were between the ages of 65 and 74, while 377 were veterans, and 951 were women.
- **Cost:** \$219,430 in state funds.
- Federally funded **Senior Community Service Employment Programs (SCSEP)** provided job-seeking skills training, subsidized community service jobs, on the job training, and placement into unsubsidized employment. The state contractor for SCSEP is the American Red Cross – Midway Kansas Chapter, Wichita. Other national sponsors are SER Corporation and the National Indian Council on Aging. These programs are authorized under Title V of the Older Americans Act and administered by the U.S. Department of Labor.
- **Cost:** Kansas received \$903,045 and served 200 low-income Kansans age 55 or over last year. Of that, \$747,993 was used to pay enrollee wages and fringe benefits. KDOA provided matching funds.

Other programs and special projects

Senior Farmers Market Nutrition Program

CY 2003

Purpose: To promote better nutrition among low-income seniors and to expand the revenue base for farmers marketing fresh, locally grown produce at organized farmers markets in select communities. Partners with KDOA include Kansas departments of Agriculture (committed cash support for administrative costs), Commerce, Health and Environment, Social and Rehabilitation Services and Transportation; Kansas State University Cooperative Extension Service; Kansas Fruit Growers Association; Kansas Vegetable Growers Association; and the Kansas Rural Center.

Numbers: Through this program, \$152,240 (or 83.5%) of an \$182,439 grant from the United States Department of Agriculture was expended as follows:

- 6,122 low-income seniors served through three food assistance programs (CSFP, TEFAP and OAA) each received fifteen \$2 coupons to exchange for locally grown, fresh fruits,

Other programs and special projects

vegetables and herbs at nine farmers markets in six pilot areas between June 1 and September 30. The seniors were taught how to select, store and prepare the fresh produce by local K-State Cooperative Extension staff providing instruction or information during coupon distribution or at the farmers markets.

- 110 Kansas growers were authorized to accept the coupons at farmers markets in Douglas, Johnson, Riley, Sedgwick, Shawnee and Wyandotte counties; the growers redeemed coupons at a UMB Bank branch in each pilot area that were valued at \$111,510 (61% of the grant).
- 4,073 low-income seniors served through the CSFP program (many had received coupons also) in four pilot areas received one bundle (with a \$10 market value) of locally grown, fresh fruits, vegetables and herbs during November 2003 commodity distribution.
- 12 Kansas growers (a majority of whom did not participate in the coupon program) were authorized to participate in this bulk purchase activity in Douglas, Sedgwick, Shawnee and Wyandotte counties; these growers were reimbursed \$40,730 (22% of the grant).

Kansas Aging Management Information System (KAMIS)

Purpose: The official electronic repository of data about KDOA's customers and the services they receive. KAMIS data includes:

- Relevant aspects of customers' functional, medical, social and financial conditions.
- The intentions of customers and their families with respect to the customers' potential entry into nursing facilities.
- The home and community-based services planned and provided to customers who do not enter nursing facilities.

This customer-oriented data is used by service providers, the 11 Area Agencies on Aging and KDOA for coordinating activity, reimbursing providers for services rendered, and managing Aging programs. All participants in the Kansas Aging Network -- the collective organizations which carry out programs for Kansas seniors -- share the information available in the KAMIS database. This means customers can make informed choices, services and care are coordinated across all participants in the Aging Network, and sophisticated security measures protect the privacy of electronic customer information.

During FY 2003: KDOA ISD staff developed and released 21 updates to KAMIS software to meet changing needs for data and processes and repair software errors. ISD developers also spent significant amounts of time in three areas, preparing for system updates in FY 2004 and later:

- **Revising the MMIS Interface.** The new SRS-contracted vendor for Medicaid data services, EDS, provided specifications and a test environment for the new MMIS interChange system, to be put into production in October 2003. The technology used for exchanging data between KAMIS and the new MMIS (Extensible Markup Language, or

Other programs and special projects

XML) is completely different from the way KAMIS exchanged data with the old MMIS. XML transactions should provide faster response and fewer procedural steps for KAMIS users. An “Inquiry” transaction will provide KAMIS users with data from MMIS, which they formerly had to obtain via a direct-connect, separate MMIS session.

- **KAMIS Ad Hoc Query.** During May and June, ISD staff installed and configured the software package, and set up the data structures needed, for the Ad Hoc Query capability long requested by AAA and KDOA managers. This will allow authorized users to create (and optionally save) their own queries of the KAMIS database, to obtain information not already available through formatted KAMIS reports.
- **KAMIS2 research and testing.** In December 2002, ISD staff completed a prototype of KAMIS2, the web-centric replacement architecture for the current client/server software. The prototype was demonstrated for several audiences of KDOA and AAA staffs, and a website was set up for people to test it from their own offices. The appearance and response times of the prototype were universally praised.

Notes